

Bigelow "BIG" News

Inspiring Leaders of Tomorrow

January

#BeBIG

2018

Important Dates

3rd

Welcome Back from Winter Break!

5th

End of 2nd Quarter

8th

Two-Hour Delay

Board of Education Meeting at Donnell
6:00 p.m.

10th

Just Say No Meeting at Bigelow Hill 3:30 p.m.

12th

Report Cards Go Home

15th

Martin Luther King Day – No School

16th

PTO Meeting at Jacobs 6:30 p.m.

17th

Student Lighthouse Meeting 8:15 a.m.

22nd

Board of Education Meeting at Millstream Cafe
6:00 p.m.



A Note from the Principal

Happy New Year!

I hope everyone had a relaxing holiday season and spent quality time Sharpening the Saw with family and friends. The new year is a great opportunity to set and accomplish new goals. Our focus at Bigelow this year is to set Big Important Goals. We do this through a *Leader In Me* process known as the 4 Disciplines.

1. Focus on the BIG Important
2. Act on Lead Measures
3. Keep a Compelling Scoreboard
4. Create a Cadence of Accountability

Throughout the first semester both staff and students focused on personal goals. Our second semester goals will focus on academics. Be sure to communicate regularly with your child regarding his or her goals. Your support is invaluable and appreciated!

Time is flying and it is hard to believe the second semester begins on January 8th. We have many great opportunities planned and so much more to accomplish the second half of our year. Continue to reference our monthly newsletters, the online calendar and our Facebook page to keep informed.

Wishing you 12 months of success, 52 weeks of laughter, 365 days of fun, 8760 hours of joy, 525600 minutes of good luck and 31536000 seconds of happiness! Happy 2018!

Dr. Jennifer Theis

School Fees

School fees can be sent to the office or they can easily be paid online. Fee money is used to pay for many of the consumable items your child uses in the classroom throughout the year. If you have any questions or concerns regarding your child's fees, please call the office at 419-425-8317. Please make checks payable to Findlay City Schools.



The Importance of Goals

Research has shown that the simple act of writing a goal greatly increases the chances of accomplishing the goal. If the goal is broken down into action steps and the action steps are tracked, goals have an even greater percentage of success.

At school, your child may write his or her academic and personal goals in a Leadership Notebook. You will gain a lot of information on how your child is doing if you ask your child to tell you about his or her goals. The goals chosen are meaningful to your child so be sure to practice Habit 5: Seek First to Understand, Then to Be Understood.

The Leadership Notebook idea can also be used in your home. Create goals such as reading together, eating dinner at the table, or doing an activity together. Involve everyone in the family in choosing a meaningful goal and action steps. Post the goal and the action steps in a visible place and be sure to track and celebrate progress!

Dr. John and Jane Covey



When Your Child Is Sick and Should Stay Home

When the child has a fever of 100^o or higher. This child should stay home until the fever has been gone for 24 hours without the help of fever reducing medicine (Tylenol or Motrin type products)

Severe cough that is so frequent it interrupts the child's work or is distracting in class.

You can hear the child wheezing. This can be a sign of more serious illness than the run of the mill cold.

Vomiting and/or diarrhea. This child should stay home until 24 hours after the last episode of vomiting or diarrhea.

The white part of the eyes is bloodshot or "pink". Sometimes there will be drainage that collects on the lashes or in the corners of the eyes. This child should stay home until he/she has been seen by a doctor. If the doctor/health care provider orders a medication for the eye the child may come back to school 24 hours after the first dose of the medication, or until doctor clears the child to come back.

Unexplained skin rashes on the body, or open sores around the mouth. This child should be seen by the health care provider to diagnose the cause. This child should stay home until 24 hours after the first dose of medication, or doctor clears child to come back.

Strep throat cannot be diagnosed in the school setting. Your child's healthcare provider may do a throat culture to determine if Strep is present. If the test is positive for strep the child must remain out of school until 24 hours after the first dose of prescription medication.

North End PTO

Bakery Bingo is coming up in February. The PTO is seeking volunteers to help with this fun family event. Please consider attending our next PTO meeting or contacting the school if you are available to volunteer.

President – Elizabeth Behrendt
Vice-President – Kristy Szkudlarek
Secretary – Valerie Smith
Co-Treasurers – Amber Hirt, Deb Anders, Carolee Hertel

Next PTO Meeting...

January 16th at Jacobs – 6:30 p.m.

Caroling and Treats



Reading Nook

Reading Strategy of the Month – Monitoring Your Comprehension!

In addition to visualizing, making connections, questioning, and making predictions, another strategy that helps readers to better understand what was read is to *monitor their comprehension* during reading. In other words, readers need to constantly check their own understanding. If readers are truly thinking while they read, they should notice when something doesn't make sense. The following is a list of possible strategies to use when we get a "clunk" while reading:

- Reread (This usually fixes many of the misunderstandings.)
- Chunk unknown words into syllables, perhaps guessing a word that might make sense in that sentence
- Visualize, Make connections, Ask questions, and Make predictions
- Ask for help (Too often younger readers just skip over unknown words or confusing sentences and never learn those new words.)

The more readers are THINKING and *monitoring their comprehension*, the better they will understand and remember what they read!

Is Your Child Reading Enough?

Ask your child how many AR points he/she has so far this year. If it's lower than 25 points, discuss this with your child's reading teacher. Students should be reading at least **20 pages** of a book **a day** at their level, which will help them finish about 100 pages per week. A book with 100 pages is worth one or two AR points.

HAPPY READING!!

Counselor Corner

How Can Parents Help Kids Handle Teasing?

Adults can help by letting all kids know that teasing and making fun is never OK — that it is unkind, unfair, and hurtful.

Still, many kids will experience occasional teasing, and it can be difficult for them to handle. Kids who get teased may need help knowing how to respond. Encourage your child to tell you if he/she gets teased. Calmly listen and show him/her that you understand his/her feelings. Then talk together about some ways he/she can deal with it if it happens again.

For example, depending on the situation and your child's age, you may want to teach him/her to:

- Use a confident voice to tell the child who is making fun to stop.
- Ignore or calmly walk away from the teasing.
- Avoid acting too upset by teasing (getting a big reaction can satisfy the teasers and make them likely to try again).
- Think of a short phrase or joke to say in response.
- Walk away and find a friend to be near.
- Tell a teacher or another adult.

Talk with your child about which of those ideas might work best for him/her and practice them by role-playing. Remind your child not to tease back, fight, or say something hurtful in return, which can only make the situation worse.

You also can help him/her become more resilient by offering your support and encouraging activities and friendships that develop his/her strengths and confidence. When you're hearing about his/her day, be sure to focus on what he/she enjoyed and what went well, in addition to any difficult moments he/she faced.

As always, if you have any questions or concerns about your student, please feel free to contact me at my office at 419-425-8359 or via e-mail at LDyer@findlaycityschools.org. Happy New Year! -Miss Laura Dyer, Bigelow Hill Intermediate School Counselor

